



European Monitoring Centre  
for Drugs and Drug Addiction



National Monitoring  
Centre for Drugs  
and Addiction



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## Agenda

# Reitox Academy on Universal Prevention Curriculum and Final Conference of the 'Universal Prevention Curriculum (UPC)–Adapt' project

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Date **28–29 November 2018**

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Venue **Lichtenstein Palace, U Sovových mlýnů 506/4, Prague, Czech Republic**

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### Background

The Reitox Academy is organised by the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) and the UPC-Adapt Group, in collaboration with the 1st Faculty of Medicine, Charles University in Prague, and the Czech National Monitoring Centre for Drugs and Addiction, within the framework of the final conference of the 'Universal Prevention Curriculum (UPC) – Adapt' project, funded with the support of the European Commission.

The UPC-Adapt has generated a set of curricula for application in training of prevention professionals in Europe. Nine EU Member-States (Belgium, Czech Republic, Croatia, Estonia, Germany, Italy, Poland, Slovenia and Spain) were piloting these materials in 2018. Given the significance of the work and interest in the topic among the experts in EU Member States and beyond, the EMCDDA together with the UPC-Adapt project will extend the beneficiaries of the project through training-of-trainers events and other activities, planned in 2019. The Reitox Academy therefore is organised to present the results of the work done and to discuss the possible dissemination of the programmes across Europe.

### Learning objectives

1. To increase understanding of the European-UPC's (EUPC) potential and the motivation of the Reitox partners to launch the EUPC in their respective countries;
2. To provide a short introduction and an overview of the EUPC and to motivate participation in the future training-of-trainers' events;
3. To explore liaison with universities that implement the full UPC within their academic syllabi.

## Wednesday, 28 November 2018 | EUPC: What and How?

09.30

### **Registration & welcome coffee**

10.00–12.00

### **Opening and Introductions**

Chairs: Ilze Jekabsone, EMCDDA and Michal Miovsky, Charles University Prague

- Opening by the Chairs
- Prevention Science, Epidemiology and Evidence Base, Zili Sloboda, ASPSI intl. and Peer van der Kreeft, University College Ghent
- History of UPC-Adapt project and core issues in the adaptation process. Overview of critical themes and the chapters in EUPC manual, Peer van der Kreeft and Gregor Burkhart, EMCDDA
- How does EUPC differ from UPC? What was the rationale of the changes? Peer van der Kreeft and Gregor Burkhart

12.00–13.00 *Lunch break*

13.00–13.30

### **Introduction to workshops**

Facilitators: Peer van der Kreeft and Gregor Burkhart

13.30–14.30

### **Three parallel workshops on ‘Content and Method of EUPC training’**

Facilitators: Peer van der Kreeft, University College Ghent and Gregor Burkhart, EMCDDA

Each workshop covers content, exercises, debate, link to monitoring, evaluation and advocacy

- Workshop on EUPC for School-based and Community based prevention  
Facilitators: Rachele Donini, ASL Savona and Roman Gabrhelik, Charles University Prague
- Workshop on EUPC for Environmental and Media based prevention  
Facilitators: Martina Feric, University of Zagreb and Annemie Coone, University College Ghent
- Workshop on EUPC for Workplace and Family Based prevention  
Facilitators: Peer van der Kreeft, University College Ghent and Gregor Burkhart, EMCDDA

14.30–15.00 *coffee/tea break*

15.00–16.00

### **Workshops continued**

16.00–17.00

### **Questions and answers, discussion and conclusions for further debate on day 2**

Facilitators: Peer van der Kreeft and Gregor Burkhart

17.00 End of the day

## Thursday, 29 November 2018 | EUPC Training and dissemination

08.30–09.00

### Registration & coffee

09.00–10.30

### **EUPC training modules and training manuals: how were the three versions established? What do they look like? Which conclusions did the pilots deliver?**

Chair: Annemie Coone

- The DOP (decision-, opinion and policymakers) training version, Rachele Donini
- The Online version, Roman Gabrhelik
- The Academic version, Martina Feric

10.30–11.00 *Coffee / tea break*

11.00–11.20

### **The International Consortium of Universities for Drug Demand Reduction (ICUDDR) and an academic model of the UPC**

Speaker: Michal Miovsky, Charles University Prague

11.20-12.30

### **EUPC dissemination: setting the scene**

Chair: Marica Ferri, EMCDDA

- Accreditation issues, quality control and fidelity in EUPC. Licensing: who can become a provider? Credentials: expected characteristics, attitudes and skills of master trainers. Inclusion and exclusion criteria of trainees. Common examination criteria.

Speakers: Peer van der Kreeft, Rachele Donini, Gregor Burkhardt, Michal Miovsky

12.30–13.30 *Lunch break*

13.30–15.00

### **Workshops on the EUPC dissemination**

Facilitators: Peer van der Kreeft, Annemie Coone and Femke Dewulf, University College Ghent

During the workshops in groups of eight the participants will brainstorm and exchange opinions on various aspects related to the EUPC dissemination. The facilitator leads the discussion.

15.00–15.30 *Coffee / tea break*

15.30–16.45

### **EUPC dissemination: reports from the workshops and discussion**

Facilitators: Peer van der Kreeft, Rachele Donini and Gregor Burkhardt

16.45–17.00

### **Way forward**

Chair: Marica Ferri

- Conclusions and evaluation

17.00

### **End of the Reitox Academy**